

Deepika Sharma

Contact Information

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Address : Department of Humanities and Social Sciences, IIT(ISM) Dhanbad, India

Educational Qualification

Degree/Course	Institution	University/Board	Year of Passing	Percentage
PhD in Psychology	IIT Kanpur	IIT Kanpur	2020	9(CGPA)
UGC NET	UGC	UGC	2012 (June, Dec)	Qualified
M.A. Psychology	Faculty of Arts	University of Delhi	2012	70
B.A (H) Psychology	Indraprastha College for Women	University of Delhi	2010	72.16
Class XII	Salt Brook Academy	Assam Board(AHSEC)	2007	80.6
Class X	Don Bosco School	Assam Board(AHSEC)	2005	76.33

Teaching Experience :

- **Current Position** : Assistant Professor (Psychology) at Department of Humanities and Social Sciences, IIT (ISM) Dhanbad. Since November 2020.
- **Teaching Assistant** : Level 1 psychology course for (two semesters) BTech program at Indian Institute of Technology Kanpur.

Work Experience :

- Worked as a research assistant at PSYINDIA, GK 1, New Delhi (15thSep 2013- 15thDec 2013)

Research Interests :

- Qualitative Research
- Disability Studies
- Critical Health Psychology
- Mental Health of Vulnerable Population
- Indian Psychology
- Cultural Psychology

Publications:

- Sharma, D. (2024). “But our worlds are different!”: reflexivity as a tool to negotiate insider–outsider dilemmas. *Qualitative Research Journal*
- Deshmukh, M., Sharma, D. et al. (2024). Contemporary meaning of caste discrimination in Indian universities: a constructivist grounded theory. *Higher Education*
- Sharma, D. & Priya, K.R. (2020). Excluded in Rehabilitation: Disability in the neo-liberal era? *Economic and Political Weekly*, 55 (13), 12-15.
- Pandey, R., Khanna, A., Sharma, D., Gupta, A., Bhattacharya, P., Kukreja, S., & Priya, K.R. (2019). Getting close to the Context and Experience of Illness: Critically Reflexive Fieldwork in Qualitative Health Research’. *Journal of Health Studies*, 1(1), 96-127.
- Sharma, D. (2016, June 5). An alternate reality. *The Pioneer*, p. 5.

Books:

- **Psychology of Accident Victims in India: Explorations into Embodiment, Suffering, and Healing** with Routledge, Taylor & Francis Group, December 2022.

Projects:

- **Mining and Health: A Community Health Psychology Perspective** funded by IIT (ISM) Dhanbad (Ongoing)
- **Public Health Challenges in Mining Areas of Jharkhand** funded by Tribal Research Institute, Ranchi (Ongoing)

Conferences/Workshops:

- Presented a paper titled “Good versus Evil: The Battle Within and Beyond” at a conference organized by the Department of Psychology, University of Delhi, 2011.
- Presented a paper titled “Experience of Self-Discovery: Case of Swami Vivekananda” at a conference of National Academy of Psychology, held at Bangalore, 2012.
- Presented a paper titled “Towards a culturally contextualised understanding of mental health: The significance of exploring human suffering and healing” at NAO/P/National Academy of Psychology, Bhopal, December 2014.
- Presented a paper titled “Exploring the suffering of Kashmiri Pandits in Exile: Narrative Analysis of an Autobiography” at ICQI/International Congress of Qualitative Inquiry, Urbana- Champaign-May, 2015
- Presented a paper “Experiences with an unexpected illness: Disruption and reformulation of the self” at National Academy of Psychology” (NAoP), Allahabad, December 2016
- Presented a paper “Rethinking Empathy as a process and goal of qualitative research (second author)” at National Academy of Psychology” (NAoP), Allahabad, December 2016
- Attended a workshop on “Integral Counselling” at Sri Aurobindo Centre for Advanced Research (SACAR, Pondicherry), November 2017
- Presented a paper “Intersectionality and Heterogeneity as Pivotal Factors to Explore Exclusion in Disability: A Rights-Based Approach” at the International Conference: Challenging Exclusion, held in Chennai, December 2017

- Attended the “International Conference on Indian Culture and Psychology: A Consciousness Perspective”, organized by the Department of Psychology, University of Delhi, March 2018
- Presented a paper “Nothing about Us without Us: Just a slogan for the rehabilitation of the disabled in India?” at National Academy of Psychology (NAoP), Delhi, December 2018
- Attended an online learning and study group titled “Exploring Gestalt Themes” (Apr 2019 - Jun 2019)
 - Explored Gestalt therapy themes like Use of self as an instrument, Relational approach to therapy/coaching, ‘I -Thou’- co-creation of the experience, Field Theory, Figure and ground, Physical Process, Creative Adjustment/Resistance, Polarities, Paradoxical Theory of Change, Gestalt Experiments (focused on experiments based on awareness, metaphors, and chairwork)
- Presented a paper titled “But Our Worlds are Different!”: Insights of a non-disabled researcher navigating the world of disabled” as a part of a symposium on “Psychology and Social Justice Frameworks: The Need for engaging with Critical, Epistemological, Multidisciplinary Perspectives at 31st Annual Convention of National Academy of Psychology (NAoP), India “Psychology and Social Justice at the Time of COVID-19 Pandemic: The State, Community, and Individual Perspectives held from 4 th to 6 th March, 2022 at IIT Mumbai (Online)
- Presented a paper titled Reaching the “hard-to-reach” community: Dealing with ethical dilemmas reflexively as a part of the Plenary session titled Research Ethics: Navigating Cultural Challenges at the 32nd convention of the National Academy of Psychology (NAOP) held at Ahmedabad University from March 3-5, 2023.

Invited Talks/Workshops:

- Invited as an expert for panel discussion on the topic “Tribal life and Health ” on 13th April, 2024 at the Dept. of Community Medicine, RIMS, Ranchi.
- Conducted a teacher’s training program on the topic “Mental wellbeing and working as a support system for children with learning disorders” on March 28th, 2023 at DY Patil School, Dhanbad.
- Guest faculty in ToT Programme from 22-26 February, 2021 (Online) in Disaster Psycho-Social Intervention for the Civil Defence volunteers and NDRF personnel (Junior Leadership level) conducted by National Disaster Response Force Academy (NDRF), Ministry of Home Affairs, Government of India.
- Delivered a lecture on 15th July, 2021, in the workshop series organised under the project titled "Development of Strategic Interventions through Communication and Science Media for Enforcing Sustainable and Healthy Lifestyles Among School Children, Teachers, and Women" funded by the DST (NCSTC), Government of India and facilitated by Indian Institute of Technology (ISM) Dhanbad.
- Conducted a workshop with around 100 participants on “Advanced Qualitative Research Methods in Psychology” Ethnography and Social-Psychological Research at National Academy of Psychology (NAoP), on 1st November, 2021 (Online)
- Delivered a lecture on “Introduction to Qualitative Research” on 22nd April, 2022 at Martin Luther Christian University, Shillong, Meghalaya (Online)

Other Qualifications

GESTALT THERAPY *(Sep 2010-Oct 2010)*

- Completed a 32 hours course module, which included basic principles and applications of gestalt therapy and related themes.
- Participated in individual and group therapy sessions based on gestalt psychotherapy, which included various techniques like role-playing, colour therapy etc.

ORKIDS (NGO) *(Sep 2009-Nov 2009)*

- Completed a 36 hours program in Learning Disabilities, which included basic principles and applications of the various learning disabilities, with a detailed theoretical approach combined with classroom interactions.
- Exposed to direct experience with children with learning disabilities, observation and history taking.

ARMY BASE HOSPITAL *(May 2011-July 2011)*

- Completed a field training of 50 days in clinical psychology from Army Base Hospital, Delhi Cantt.
- Exposure to both inpatient and outpatient psychiatric facility.
- Learned to take a case history, performed mental status examinations and did psychological assessments, together with case presentations.

LEADERS FOR TOMORROW (NGO) *(July 2008-March 2009)*

- Worked as the coordinator of IP College for Women Leaders for Tomorrow club, which included organizing meetings, addressing groups, and being an active member of all the activities within the campus.
- Part of the organizing committee member of “visit to institutions committee” which organized visits to various institutions, the main focus being spreading awareness and working towards sensitizing the youth.
- Organized and participated in visits to AIDS awareness centres, biodiversity parks, old age homes and drug rehabilitation centres.

THE BLIND RELIEF ASSOCIATION (NGO) *(May 2008–June 2008)*

- Participated in helping the inmates with reading books, preparing notes and assistance with their studies.
- Provided counselling and assistance to the inmates.
- Assisted in the conduction and documentation of TATA Telecom Services Call Centre Project for the Blind.

Extra-curricular Activities

- Editor of the magazine, of the editorial board of the Department of Psychology, Faculty of Arts, Delhi University, which consisted of a team of editors, sub-editors and designer of the magazine.
- Contributed to the yearly magazines all through the college years, in the form of creative writing.
- Attended Workshops on Reiki, Hypnotism, and Gestalt therapy.